TSK ADULT TIMETABLE 2024

	Monday	Monday	Tuesday	Tuesday	Wednesday	Wednesday	Thursday	Thursday	Friday	Friday
	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2
9:30 AM					PILATES (bubs welcome) Bri-Anna 9:30 - 10:15					
9:45 AM										
10:00 AM										
10:15 AM					YOGA Bri-Anna 10:15 - 11:15					
10:30 AM										
10:45 AM										
11:00 AM										
4:45 PM	BARRE . Lucy 4.45 - 5.15									
5:00 PM									FORTNIGHTLY	
5:15 PM	BALLET OPEN Lucy 5.15 - 6.00		STRETCH . Bri-Anna 5.15 - 5.45						STRETCH . Catrina . 5.15 - 5.45	
5:30 PM							BARRE . Bri-Anna 5.30 - 6.00			
5:45 PM			BARRE . Bri-Anna 5.45 - 6.15	DANCE BASICS Regan 5.45 - 6.30						JAZZ / COMMERCIAL Catrina 5.45 - 6.30
6:00 PM		CONTEMP Kell 6.00 - 7.00					PILATES Bri-Anna 6.00 - 6.45			
6:15 PM			PILATES Bri-Anna 6.15 - 7.00			COMMERCIAL Kell 6.15 - 7.15		MUSICAL THEATRE (monthly) Erin 6.15 - 7.15		
6:30 PM					BALLET BASICS / POINTE Lucy 6.30 - 7.15					HIP HOP Catrina 6.30 - 7.15
6:45 PM							YANG TO YIN Bri-Anna 6.45 - 7.45			
7:00 PM	BALLET OPEN Lucy 7.00 - 8.00	COMMERCIAL Kell 7.00 - 8.00	YIN Bri-Anna 7.00 - 8.00							
7:15 PM						CONTEMP Kell 7.15 - 8.15				
7:30 PM										
7:45 PM										
8:00 PM		HEELS (fortnightly) Kell 8.00 - 8.45								
8:15 PM										
8:30 PM										
8:45 PM										